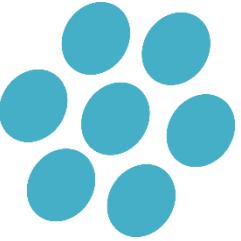


# **Konkrete erfaringer med forbedringsarbejdet**

**Henrik Palm**  
**Ledende Overlæge, DrMed**  
**Bispebjerg Hospital, RegH**

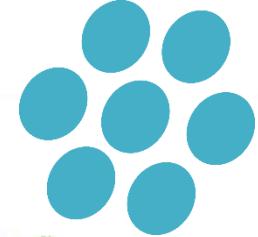


# Eksempler på hoftebruds-initiativer

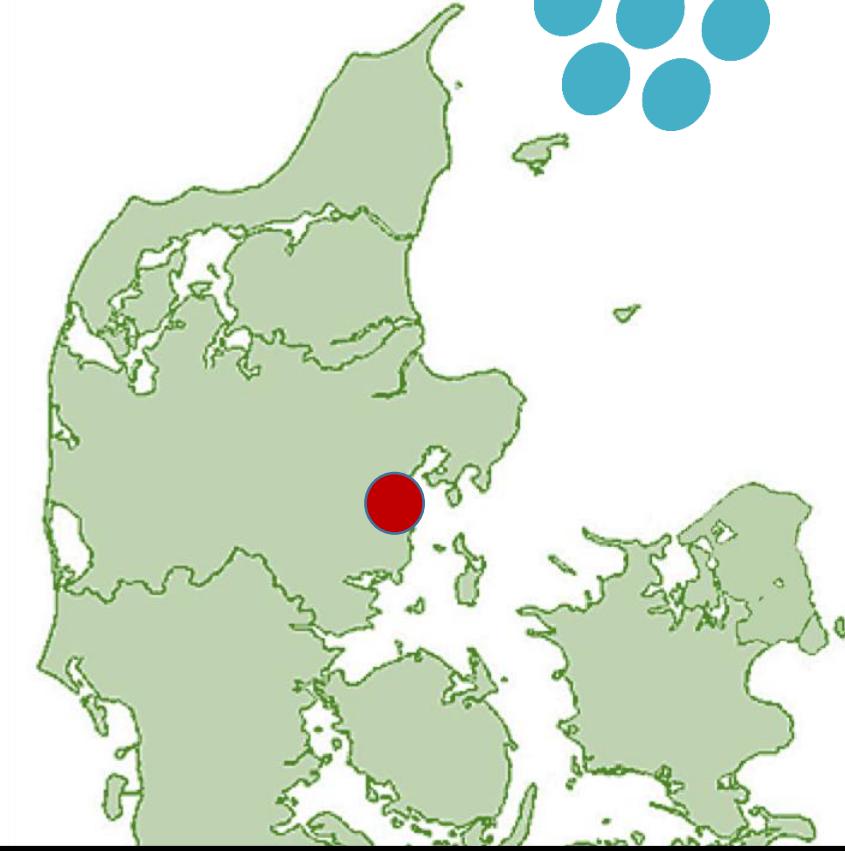
- Danske nationale siden referenceprogrammet 1999:
  - 2001-02 Århus - Hvidovre
  - 2007-12 Svendborg – Bispebjerg – Slagelse
  - 2012-18 Kolding – Køge – Viborg – Hostebro
- Europæiske:
  - 1980+ Skandinavien
  - 2000+ Skotland & England (NICE)
  - 2010+ Fragility Fracture Network (FFN)



# Århus



- 2001-3 Geriatrisk (følge-hjem) team på ort-kir afd.
  - 2006 Etablering af faldenhed
  - 2008 Udgående ortogeri team hjemme til 30. dag
  - 2010 **DEN GYLDNE SKALPEL**
- => Reduceret mortalitets -og genindlæggelses rate



*Acta Orthopaedica* 2015; 86 (3): 363-372

363

## Postoperative blood transfusion strategy in frail, anemic elderly patients with hip fracture

The TRIFE randomized controlled trial

Merete GREGERSEN<sup>1</sup>, Lars C BORRIS<sup>2</sup>, and Else Marie DAMSGAARD<sup>1</sup>

Departments of <sup>1</sup> Geriatrics and <sup>2</sup> Orthopaedics, Aarhus University Hospital, Aarhus, Denmark.

Correspondence: meregreg@rm.dk

Submitted 2014-10-07. Accepted 2014-12-01.

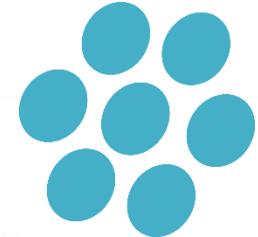
## A Geriatric Multidisciplinary and Tailor-Made Hospital-At-Home Method in Nursing Home Residents With Hip Fracture

Merete Gregersen, MHS<sup>1</sup>, Dmitri Zintchouk, MD<sup>1</sup>,  
Lars Carl Borris, MD<sup>2</sup>, and Else Marie Damsgaard, MD<sup>1</sup>

Geriatric Orthopaedic Surgery & Rehabilitation  
2(4) 148-154  
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DOI: 10.1177/2151458511421908  
<http://gos.sagepub.com>



# Hvidovre



- 2002 Separat Hoftefraktur Sengeafsnit,  
med tværfaglig forskningsenhed (anæst-fys-kir)  
=> Reduceret mortalitets -og reoperations rater

Clinical Rehabilitation 2006; 20: 701–708

Prediction of postoperative morbidity, mortality and rehabilitation in hip fracture patients: the cumulated ambulation score

26

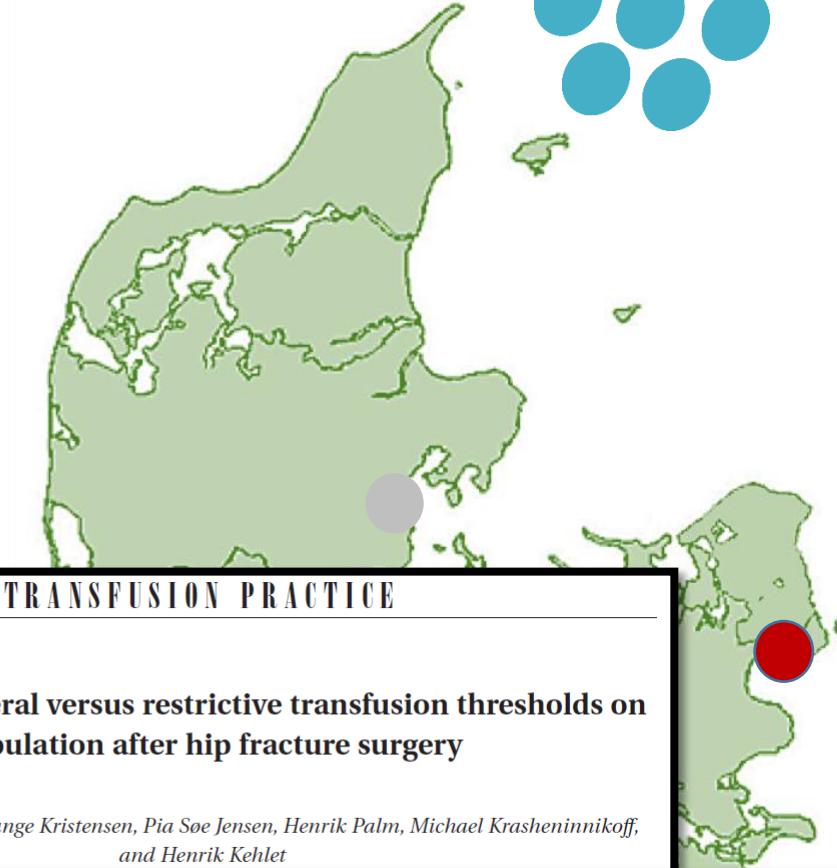
Acta Orthopaedica 2012; 83 (1): 26–30

## A new algorithm for hip fracture surgery

Reoperation rate reduced from 18% to 12% in 2,000 consecutive patients followed for 1 year

Henrik Palm<sup>1</sup>, Michael Krasheninnikoff<sup>1</sup>, Kim Holck<sup>1</sup>, Tom Lemser<sup>1</sup>, Nicolai Bang Foss<sup>2</sup>, Steffen Jacobsen<sup>1</sup>, Henrik Kehlet<sup>3</sup>, and Peter Gebuhr<sup>1</sup>

LÆRINGS- OG KVALITETSTEAMS



## PAIN AND REGIONAL ANESTHESIA

Anesthesiology 2005; 102:1137–1284

© 2005 American Society of Anesthesiologists, Inc. Lippincott Williams & Wilkins, Inc.

## Effect of Postoperative Epidural Analgesia on Rehabilitation and Pain after Hip Fracture Surgery

A Randomized, Double-blind, Placebo-controlled Trial

Nicolai Bang Foss, M.D.,<sup>\*</sup> Morten Tange Kristensen, P.T.,<sup>†</sup> Billy Bjarne Kristiansen, M.D.,<sup>‡</sup> Pia Søe Jensen, R.N.,<sup>§</sup> Henrik Kehlet, M.D., Ph.D.<sup>||</sup>

# Svendborg

- 2007 Ortogerisk blandet afsnit, geri ansat geriater  
=> Ét afsnit, øget struktur og faglighed  
=> 97% osteoporoseprofylakse, -6 dage indlæggelse

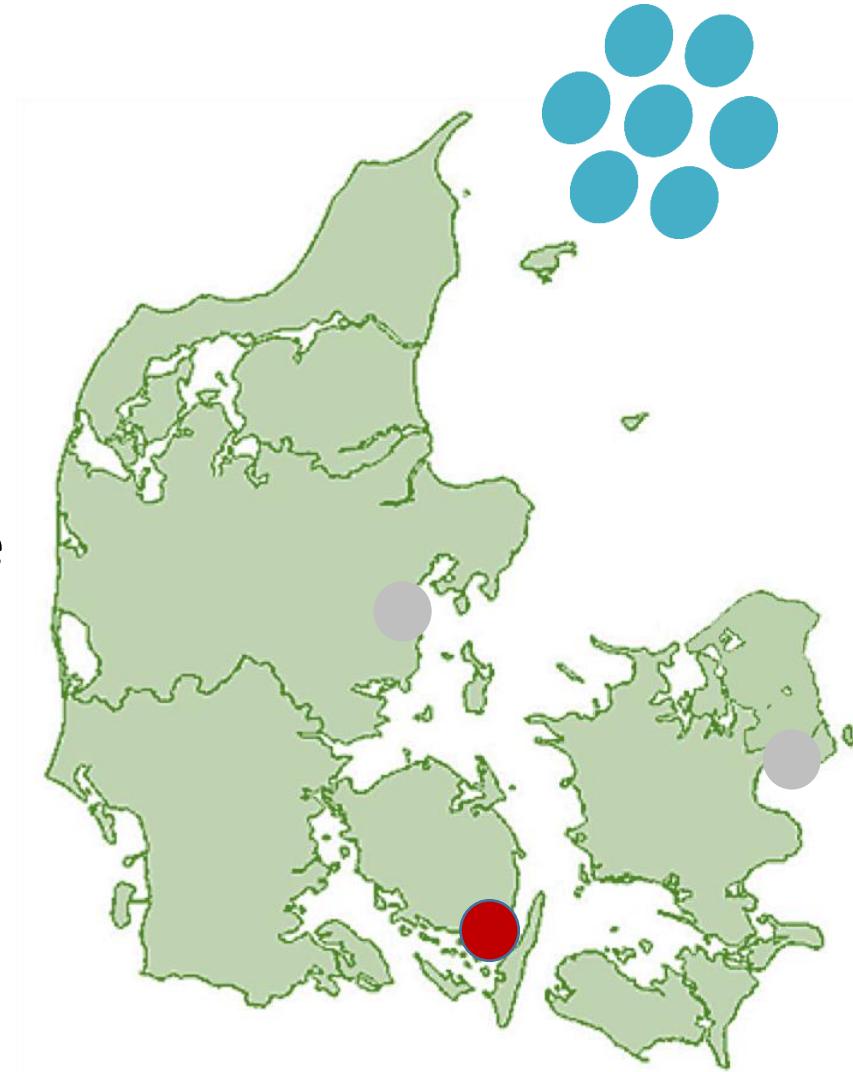
## Projekt Ortogeriatrisk afsnit

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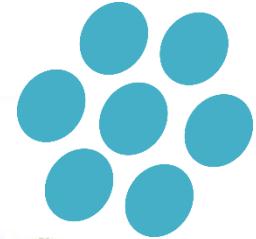
MTV rapport

- Et tværfagligt samarbejde imellem  
Geriatrisk afdeling, Ortopædkirurgisk afdeling  
og Rehabiliteringsafdelingen  
OUH, Svendborg Sygehus

April 2010



# Bispebjerg



- 2009 Ortogerisk blandet afsnit, **ortkir** ansat geriater  
=> Reduceret mortalitets rate
- => Med/Geriatriske Overlæger på HVH+HER+NOH

Article

## Orthogeriatric Service Reduces Mortality in Patients With Hip Fracture

Charlotte Stenqvist, MD<sup>1</sup>, Christian Medom Madsen, MD<sup>1</sup>,  
Troels Riis, RN<sup>1</sup>, Henrik Løvendahl Jørgensen, MD<sup>2</sup>,  
Benn Rønnow Duus, MD<sup>1</sup>, Jes Bruun Lauritzen, DMSc, MD<sup>1</sup>,  
and Susanne van der Mark, MD<sup>1</sup>

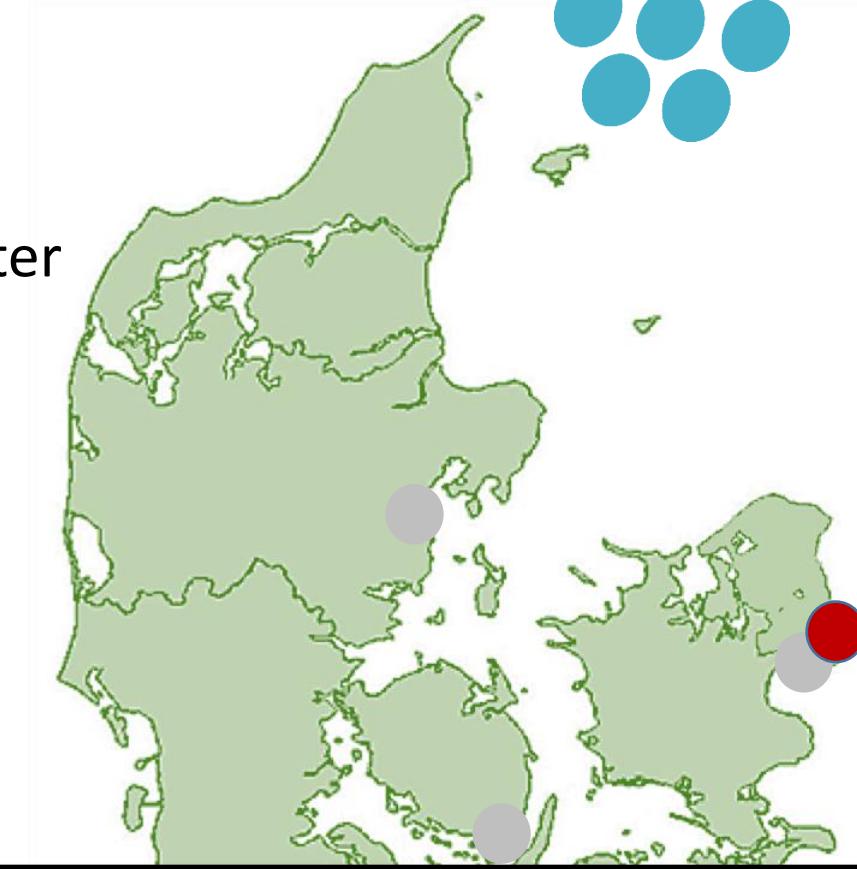
Geriatric Orthopaedic Surgery & Rehabilitation  
2016, Vol. 7(2) 67-73  
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DOI: 10.1177/2151458515625296  
[gos.sagepub.com](http://gos.sagepub.com)

*Acta Orthopaedica* 2012; 83 (1): 31–35

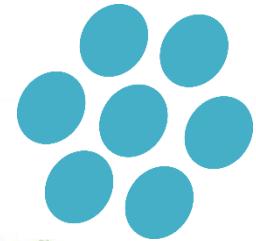
31

## Value of routine blood tests for prediction of mortality risk in hip fracture patients

Mathias Mosfeldt<sup>1</sup>, Ole B Pedersen<sup>3</sup>, Troels Riis<sup>1</sup>, Henning O Worm<sup>1</sup>, Susanne van der Mark<sup>1</sup>,  
Henrik L Jørgensen<sup>2</sup>, Benn R Duus<sup>1</sup> and Jes B Lauritzen<sup>1</sup>



# Slagelse



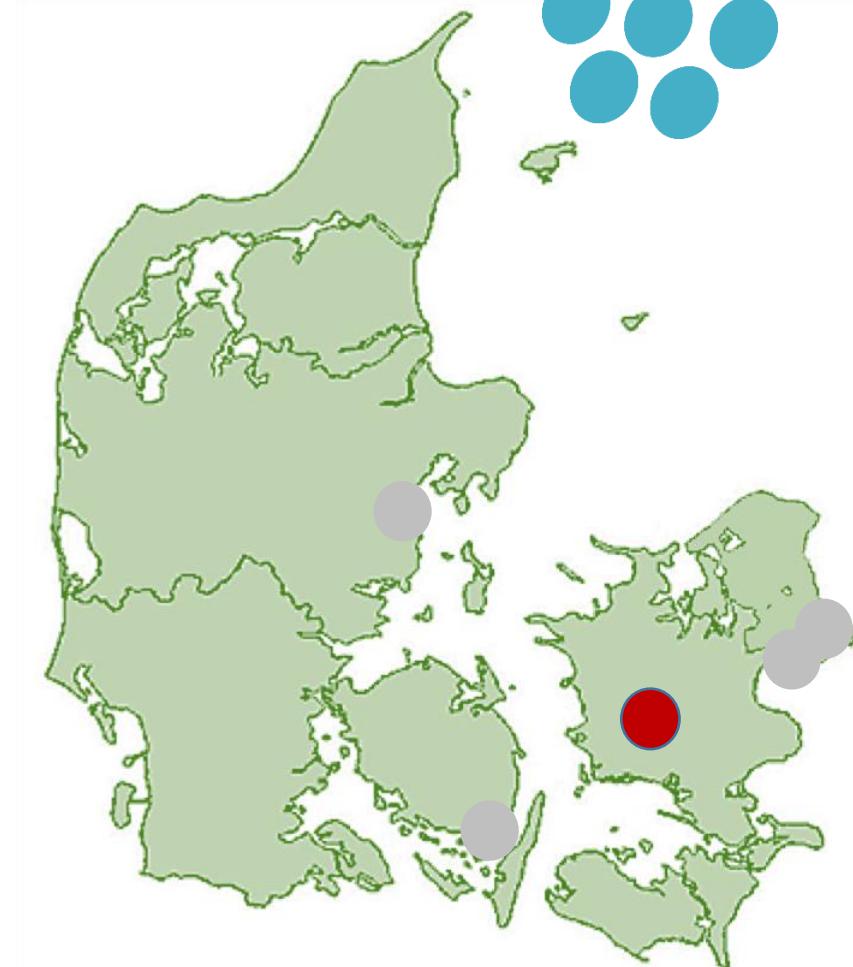
- 2012-
  - Præ-op anæstesiologisk ansvar => hurtigt til operation
  - Post-op geriatrisk afdeling
- ProHip: KAD

Professionshøjskolernes  
Videndatabase

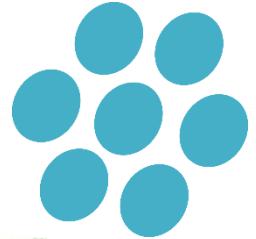
Improving older frail hip fracture patients'  
experience and recovery: – New standards for  
catheterization

Af: Bettan Bagger, Hélène Taylor Kelly, Tine Kjøller varmarken [Vis alle](#)

Dato: 5.2013 Type: Abstrakt Status: Udgivet



# Kolding



- 2014 Orthogeriatricrisk Sengeafsnit
  - Clinical effect
  - Patient satisfaction
  - Staff satisfaction



Contents lists available at ScienceDirect  
International Journal of Orthopaedic and Trauma Nursing  
journal homepage: <http://www.journals.elsevier.com/international-journal-of-orthopaedic-and-trauma-nursing>

Health care professionals' readiness for an interprofessional orthogeriatric unit: A cross-sectional survey

Charlotte Abrahamsen <sup>a, b, \*</sup>, Birgitte Nørgaard <sup>b</sup>, Eva Draborg <sup>b</sup>

<sup>a</sup> Department of Orthopaedic Surgery, Kolding Hospital, Skovvangen 2-8, 6000 Kolding, Denmark

<sup>b</sup> Department of Public Health, University of Southern Denmark, JB Winsløws Vej 9B, 5000 Odense, Denmark



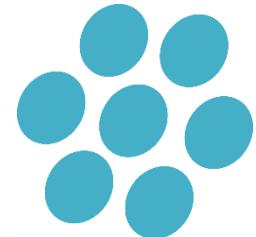
<http://jnep.sciedupress.com>

## High satisfaction ratings in an orthogeriatric ward: A cross-sectional survey

Charlotte Abrahamsen <sup>\*1,2</sup>, Eva Draborg<sup>2</sup>, Birgitte Nørgaard<sup>2</sup>

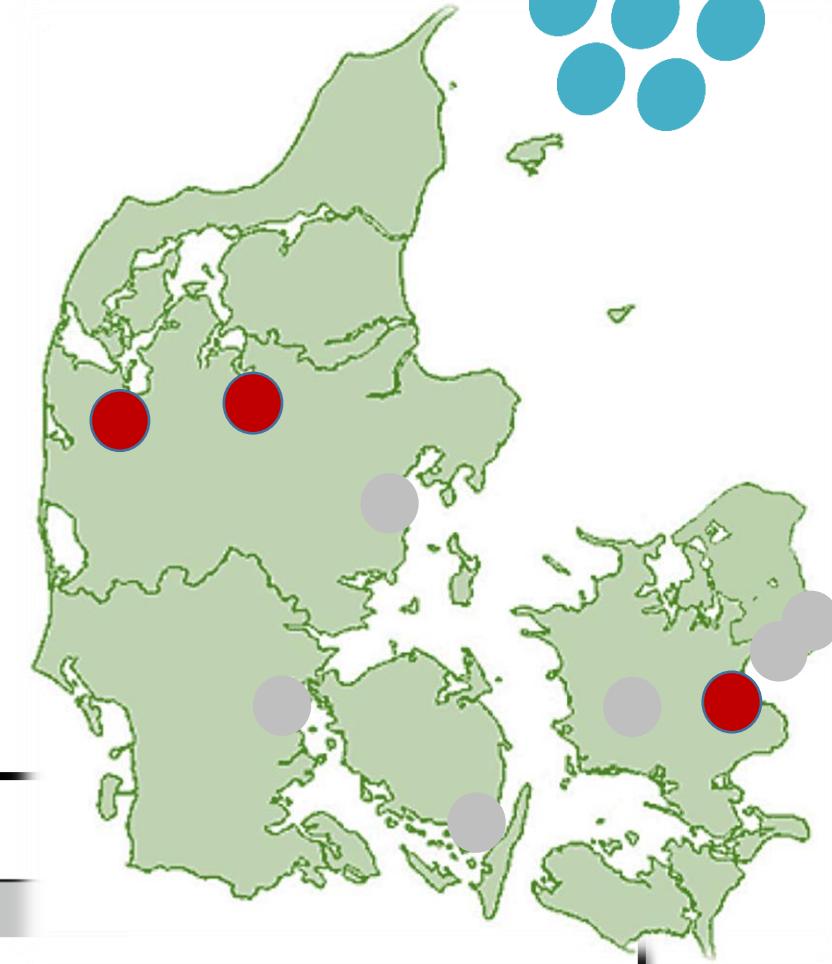
<sup>1</sup> Department of Orthopaedic Surgery, Kolding Hospital, Kolding, Denmark  
<sup>2</sup> Department of Public Health, University of Southern Denmark, Odense, Denmark

# Køge – Viborg – Holstebro



- Køge: Anterolateral adgang => 1-6%
- Viborg: Posterolateral med dmTHA => 2-7%
- Holstebro: Posterolateral med dmTHA => 4-10%

reop for alloplastik i DRHoftebrud vs DK 9% (5-17%)



Rosenlund et al. BMC Musculoskeletal Disorders 2014, 15:354  
http://www.biomedcentral.com/1471-2474/15/354

BMC  
Musculoskeletal Disorders

STUDY PROTOCOL

Open Access

The effect of posterior and lateral approach on patient-reported outcome measures and physical function in patients with osteoarthritis, undergoing total hip replacement: a randomised controlled trial protocol

Signe Rosenlund<sup>1,2\*</sup>, Leif Broeng<sup>2</sup>, Carsten Jensen<sup>1</sup>, Anders Holsgaard-Larsen<sup>1</sup> and Søren Overgaard<sup>1</sup>

International Orthopaedics (SICOT) (2014) 38:1241–1245  
DOI 10.1007/s00264-013-2276-8

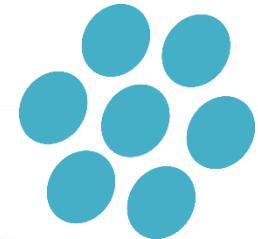
ORIGINAL PAPER

**Dual mobility cup reduces dislocation and re-operation when used to treat displaced femoral neck fractures**

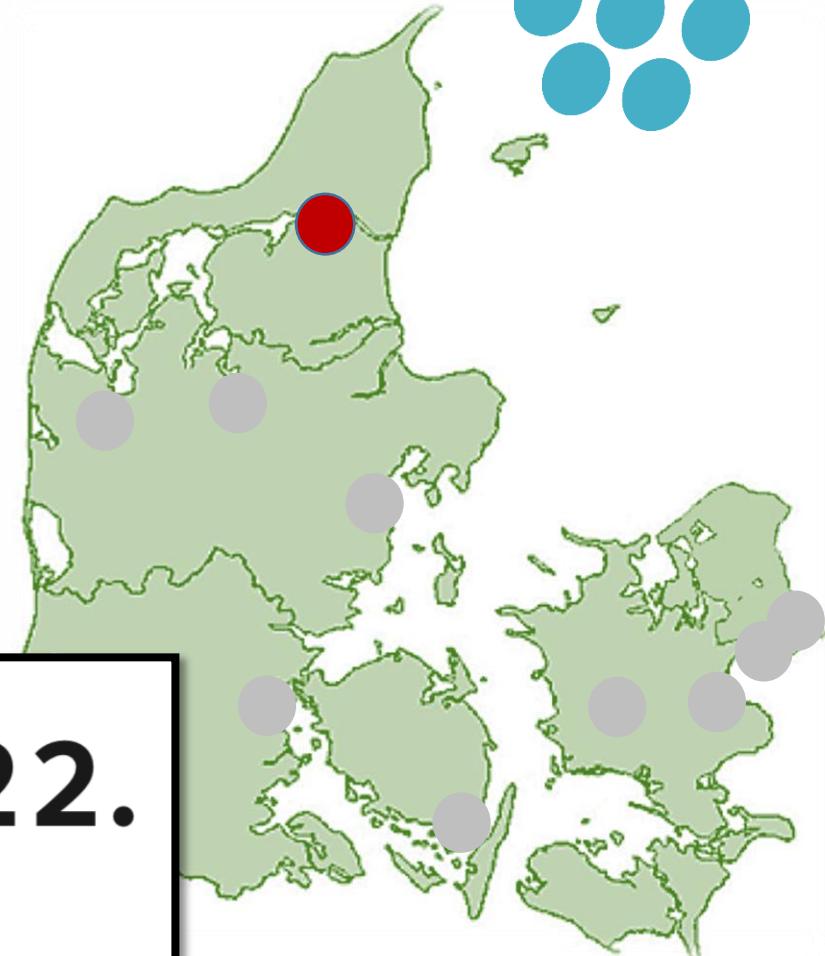
Anne S. Bensen · Thomas Jakobsen · Niels Krarup

il 2018

# Aalborg



- Implementeret fast-track  
=> median præ-op ventetid fra 28 til 12 timer  
og 100% opereret <36 timer



## Fast track for patients with hip fractures

Rikke Beckermann

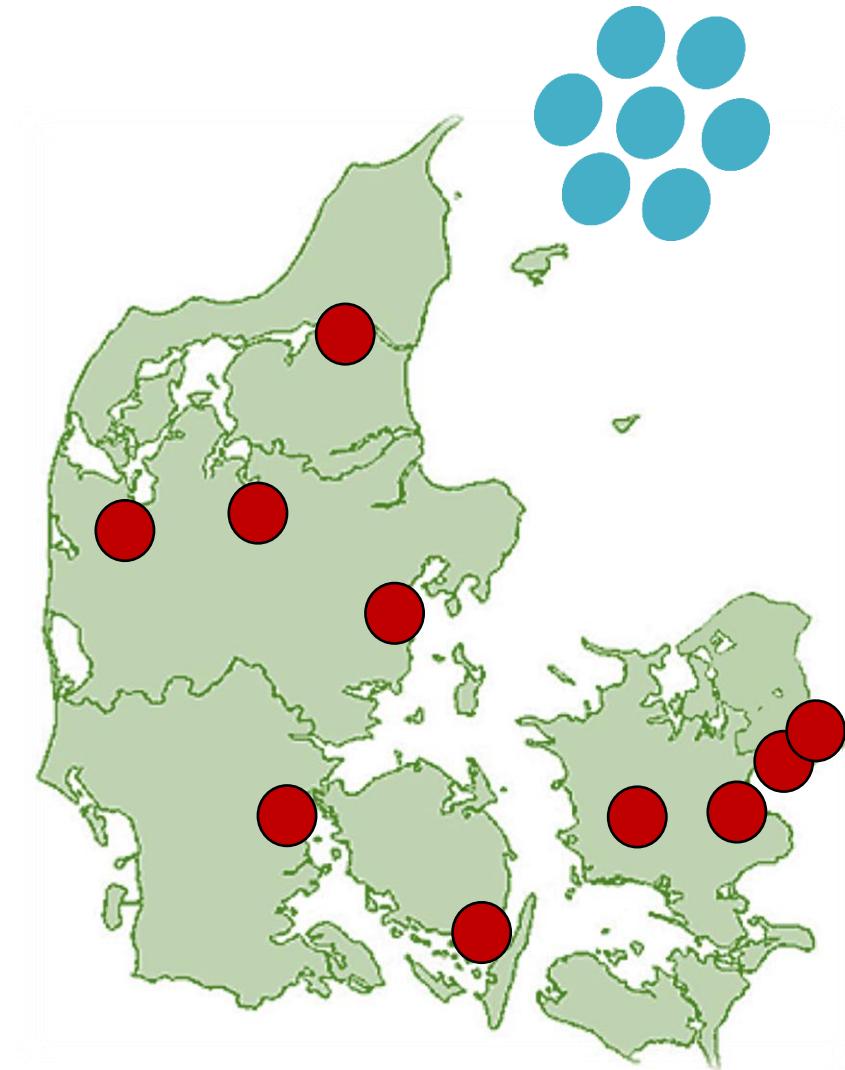
Clinic for Neuro- and Orthopedic Diseases, Aalborg University Hospital

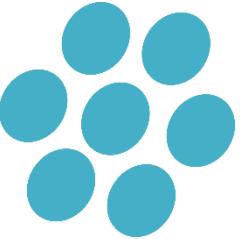
22.

DOS Kongressen 2017

# Danmark

- Initiativer giver resultater
- Mange gode eksempler  
=> Bør lære af hinanden via LKT
  
- Fælles referenceprogram 1999+2008
- Tværfagligt hoftebrudsregister 2003
  
- Fælles koordineret indsats => **NKR**

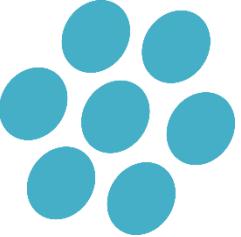




# Europæiske Guidelines (opdat.)

- Sverige (2003)
- Norge (2006)
- Holland (2007)
- Danmark (2008)
- Skotland (2009)
- **England (2011+) NICE Guidelines 664 pages + Registry**
- Irland (2012)
- Spanien (2012)
- Italien (2013)
- Tyskland & Østrig (2014)





# Fragility Fracture Network

- Sverige (2003)
- Norge (2006)
- Holland (2007)
- Danmark (2008)
- Skotland (2009)
- **England (2011+) NICE Guidelines 664 pages + Registry**
- Irland (2012)
- Spanien (2012)
- Italien (2013)
- Tyskland & Østrig (2014)

- Consensus guidelines

- Quality standards

- Systematic performance measurement

*for the care of older people with fragility fracture*



The metric of FFN's success will be the number  
of nations in which these goals are achieved!

